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# Living With Asthma



## Synopsis

This engaging book gives readers a clear idea of what it is like to live with asthma both for sufferers and their family and friends. Looking at the different lives of three individuals, the book describes what asthma is, what triggers it, in particular house-dust mites, how medicines can help, how to avoid asthma triggers, how to exercise when exercise triggers asthma, protecting against poor air quality, what to do in an emergency, and getting help. --This text refers to an out of print or unavailable edition of this title.

## Book Information

Lexile Measure: 910L (What's this?)

Series: Living With

Library Binding: 32 pages

Publisher: Raintree Pub (January 1999)

Language: English

ISBN-10: 0817255761

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Product Dimensions: 10.9 x 8.9 x 0.3 inches

Shipping Weight: 13.1 ounces

Average Customer Review: Be the first to review this item

Best Sellers Rank: #10,279,483 in Books (See Top 100 in Books) #78 in [Books > Health, Fitness & Dieting > Children's Health > Asthma](#) #418 in [Books > Children's Books > Growing Up & Facts of Life > Health > Physical Disabilities](#) #3432 in [Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Illness](#)

Age Range: 6 and up

Grade Level: 1 and up

## Customer Reviews

The 'Living with' series has a particular strength: we meet real children and adults coping with their disabilities. \* Books for Keeps, Nov 00 \* --This text refers to an out of print or unavailable edition of this title.

Peta Bee is a freelance health journalist who writes regularly for several national newspapers on health issues and has written educational materials for Asthma UK among other charities. --This text refers to an out of print or unavailable edition of this title.

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